STARTERS

UMK DIP TRIO
White Queso Guaccamole Salsa Chips 14.99

POTSTICKERS
Served with GF Soy Sauce Balsamic Glaze 12.99

LOADED NACHOS
Grilled Chicken or Shredded Pork Cheese Sauce
Mozzarella Pico de Gallo Black Olives Tortilla Chips
Green Salsa Sour Cream 15.99

PRETZEL DIPPERS
White Cheese Sauce IPA Mustard 12.99

SALAD & SOUP

SALMON & BERRY SALAD
Fresh Atlantic Salmon
Bacon Greens Tomatoes
Red Onions Roasted Red Peppers
Strawberries Blueberries
Mango-Chardonnay Vinaigrette
18.99

CHICKEN CAESAR SALAD
Grilled Chicken Bacon
Hard-Boiled Egg Parmesan
Romaine Tomatoes Onions
Croutons Caesar Dressing
17.99

TACO SALAD
Grilled Chicken or Pulled Pork
Greens Sour Cream
Chipotle Aioli Pico de Gallo
Queso Fresco Black Olives
Tortilla Chips
15.99

SOUP OF THE DAY
Cup 5.99
Bowl 8.99

UMK POWER LUNCH 13.99
Monday through Saturday 11-3

CHOOSE ONE 1/2 SANDWICH, 1/2 PANINI OR 7" PIZZA	CHOOSE ONE SIDE
CALI CHICKEN SANDWICH	HOUSE SALAD
URBAN COWBOY SANDWICH	CAESAR SALAD
TERIYAKI CHICKEN HOAGIE	CHEF SALAD
CHICKEN-PESTO PANINI	SOUP OF THE DAY
CUBANO PRESS PANINI	KETTLE CHIPS
LOBSTER GRILLED CHEESE	MAC & CHEESE
CHEESE PIZZA	POTATO SALAD
MARGHERITA PIZZA	CILANTRO-LIME RICE
CHICKEN CAESAR PIZZA	

SIGNATURE BOWLS

FRESH INGREDIENTS | BOLD FLAVORS | GLOBAL INSPIRATION

Choose your base: greens, quinoa, or cilantro-lime rice

19.99

FIRECRACKER BOWL
Grilled Shrimp or Chicken
Roasted Corn Greens
Thai Slaw Avocado
Green Onions Queso Fresco
Bam Bam Sauce

MEXI BOWL
Grilled Chicken or Shredded Pork
Greens Cabbage Avocado
Hard-Boiled Egg Roasted Corn
Pico de Gallo Black Beans
Sour Cream Queso Fresco
Jalapeno Chipotle Aioli

ITALIAN SALMON BRUSCHETTA
Grilled Salmon Mixed Greens
Tomatoes Strawberries
Red Onions Fresh Mozzarella
Basil Balsamic Glaze

JAPANESE TERIYAKI
Atlantic Salmon or Grilled Chicken
Cucumbers Tomatoes Red Onions
Avocado Roasted Red Peppers
Tuxedo Sesame Seeds Teriyaki Sauce

MONTERREY CARNE ASADA
Shaved Steak Greens
Roasted Red Peppers Grilled Onions
Pico de Gallo Avocado
Queso Fresco Lime
Chipotle Aioli

TEXAS BRISKET BOWL
Texas BBQ Brisket Bacon
Avocado Green Onions
Tomatoes Queso Fresco
Raspberry-Chipotle BBQ

LOUISIANA BOWL
Lobster & Shrimp Roasted Corn
Queso Fresco Black Beans
Avocado Pico de Gallo
House-Made Creole Sauce

THAI BOWL
Grilled Chicken Peanuts
Carrots Cabbage Cilantro
Mozzarella Peanut Sauce
Thai-Chili Sauce

GREEK BOWL
Grilled Chicken Tomatoes
Cucumbers Kalamata Olives
Greens Feta Cheese Hummus
Tzatziki Sauce

HAWAIIAN POKE*
Ahi Tuna Shredded Cabbage
Carrots Mango Salsa Avocado
GF Soy Sauce Seaweed Salad
Tuxedo Sesame Seeds

THE MAINE MAC
Lobster & Shrimp Cavatappi Pasta
Cheese Sauce Green Onions
Roasted Red Peppers

PESTO ITALIANO BOWL
Grilled Chicken Cavatappi Pasta
Mushrooms Tomatoes Spinach
Roasted Red Peppers Pesto
Parmesan

*CONSUMER ADVISORY:Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs **may increase your risk** of foodborne illness, especially if you have certain medical conditions.

SANDWICHES & PANINIS

Choose one side: Kettle Chips, Potato Salad, Soup, Side House Salad, or Caesar Salad

FRENCH DIP
Shaved Prime Rib Artisan French Bread Swiss Cheese
Horseradish Caramelized Onions Au Jus 19.99

URBAN COWBOY
Texas BBQ Brisket Artisan French Bread Crispy Onions
Swiss Cheese Raspberry-Chipotle BBQ
Spicy Slaw Chipotle Aioli 17.99

CALI CHICKEN
Grilled Chicken Bacon Roasted Red Peppers
Greens Tomato Slices Red Onions Swiss Cheese
Avocado Chipotle Aioli 17.99

WAGYU CHEESESTEAK HOAGIE
Shaved Wagyu Artisan French Bread Swiss Cheese
Cheese Sauce Caramelized Onions Garlic Aioli 19.99

SBLTA
Grilled Salmon Bacon Greens Tomato Slices
Avocado Chipotle Aioli Artisan Bread 17.99

TERIYAKI CHICKEN HOAGIE
Grilled Chicken Greens Tomato Slices Red Onions
Teriyaki Sauce Mayo Artisan French Bread 17.99

CHICKEN-PESTO PANINI
Grilled Chicken Breast Pesto Artisan French Bread
Fresh Mozzarella Tomato Slices 17.99

CUBANO PRESS
Shredded Pork Ham Artisan French Bread
Pickles Swiss Cheese IPA Mustard 17.99

TACOS

Choose Flour or Corn Tortillas
Served with Cilantro-Lime Rice and Seasonal Vegetables

BLACKENED SALMON OR SHRIMP TACOS (3)
Fresh Atlantic Salmon or Grilled Shrimp Thai Slaw
Mango Chutney Queso Fresco Avocado
Chipotle Aioli 19.99

TACOS SUPREMO (3)
Pulled Pork or Grilled Chicken Lettuce Pico de Gallo
Queso Fresco Avocado Sour Cream Black Olives
Chipotle Aioli 18.99

TACOS DUO (2)
One Grilled Shrimp and One Lobster
Mango Chutney Pico de Gallo
Feta Cheese Avocado 16.99

BAM BAM SHRIMP TACOS (3)
Grilled Shrimp Bam Bam Sauce Thai Slaw
Pico de Gallo Queso Fresco Avocado 19.99

POWER BOWLS

BERRY ME
Acai Sorbet Granola
Blueberries Strawberries
Bananas 14.99

POWER ME UP
Acai Sorbet Peanuts
Dark Chocolate Strawberries
Bananas Protein Ball 14.99

KIDS MENU

Served with Kettle Chips, Grapes and a beverage

CHOOSE ONE:

BUTTERED NOODLES
MAC & CHEESE
CHEESE PIZZA
CHEESE QUESADILLA

7.99

URBAN COFFEE BAR

CAFE AMERICANO	5.99
LATTE	5.99
ESPRESSO SINGLE	2.99
ESPRESSO DOUBLE	5.99
CAPPUCCINO	5.99
ICED COFFEE	5.99
(Vanilla, Amaretto, Hazelnut)	
HOT TEA	2.99

DESSERTS

SIGNATURE CHEESECAKE	8.99
(House Berry Compote, Caramel or Chocolate)	
CHOCOLATE TORTE (GF)	8.99
WARM CHOCOLATE CHIP COOKIE W/ ICE CREAM	6.99

COFFEE & DESSERT FEATURE

Choice of any coffee with dessert

$12